



# SAFETY

## IS NO ACCIDENT ■

MAY 5, 2010

### Safety & Health Week – How Safe Are You?

May 2 – 8, 2010 is North American Occupational Safety and Health Week. This is a great chance for you to focus, reinforce and strengthen your commitment to occupational safety and health. This year, NAOSH Week is inviting everyone to ask, "How Safe are You?".

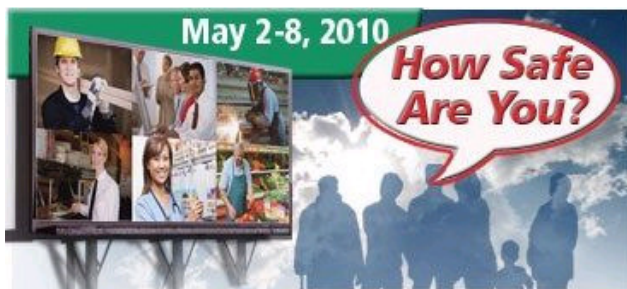
Cormode is asking you to make that question part of every plan you make. Think about your personal safety as well as your fellow team members at all times. Everyone should expect to make it home to their family and friends in good health at the end of their workday. This can be done when everybody chooses to make safety a priority; not a possibility.

#### Working together to Work Safe

The choice to work safe is your responsibility, but we need each other's support to do it. If you see someone you are working with make a dangerous decision, call them on it. If someone notices you doing something unsafe, take their advice seriously and change what you're doing. But don't just leave it there. Thank the people around you who contribute to a safe and healthy environment. Recognize each other for making a positive impact on your workplace.

Cormode and Dickson is committed to safety and are supporters of NAOSH Safety & Health Week and what it stands for: that every workplace safety and health incident is preventable, in the office or in the field. For more information on NAOSH Week check out [www.naosh.org](http://www.naosh.org). The Canadian Centre for Occupational Health and Safety is another great resource you can find online at [www.ccohs.ca](http://www.ccohs.ca).

If you have recently noticed someone go above and beyond the call of duty to contribute to a safe workplace, tell us about it and we will share your story in a future Safety Bulletin.



"Safety is a mindset. It is the passport to participate in our enterprise. We take our commitment to provide a safe & healthy environment very seriously. We encourage each and every one of you to do the same. Remember Safety is no Accident."

*Ben Elzen, President*

#### Health:

"If you have health, you probably will be happy, and if you have health and happiness, you have all the wealth you need, even if it is not all you want."

*Elbert Hubbard*